



September 2015

Child Care Lunch Menu w/Skim or Lowfat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	Meatballs w/Marinara Whole Grain Pasta Fruit Garden Salad w/Carrots & Dressing	Chicken Fajitas Seasoned Unbreaded Chicken w/Shredded Cheddar Lettuce & Tomato Soft Flour Tortillas Fruit Salsa	Chicken Alfredo Whole Grain Pasta Garden Salad w/Carrots & Dressing Fruit	Caribbean Chicken Brown Rice & Beans Carrots Fruit
31	1	2	3	4
Egg Salad w/Lettuce Hamburger Bun Fruit Cold Broccoli Salad	Pancakes Garden Salad w/Carrots & Breakfast Sausage Fruit Syrup	Whole Grain Chicken Nuggets Mixed Vegetables BBQ Dipping Sauce Fruit	Sloppy Joe's Garden Salad w/Carrots & Hamburger Bun Fruit	Chicken Creole Yellow Rice Garlic Green Beans Fruit
7	8	9	10	11
Hamburger w/Lettuce & Tomato Seasoned Potato Wedges Fruit Hamburger Bun Ketchup	Whole Grain Macaroni & Cheese Garden Salad w/Carrots & Fruit	Southwestern Turkey Chili w/Shredded Cheddar Baked Tortilla Chips Fruit	Lemon Pepper Chicken Brown Rice & Beans Garden Salad w/Carrots & Fruit	Cheese Lasagna w/Marinara Broccoli Fruit
14	15	16	17	18
Breaded Chicken Sandwich Hamburger Bun Seasoned Potato Wedges Fruit Ketchup Lettuce & Sliced Tomatoes	Meatballs w/Marinara Whole Grain Pasta Garden Salad w/Carrots & Fruit	Chicken Fajitas Seasoned Unbreaded Chicken Grated Cheddar Cheese Tomatoes and Shredded Lettuce Soft Flour Tortillas Salsa Fruit	Chicken Alfredo Garden Salad w/Carrots & Fruit Whole Grain Pasta	BBQ Chicken Rice and Beans Carrots Fruit
21	22	23	24	25
Chicken Parmesan w/Marinara Sauce Whole Grain Pasta Broccoli Fruit	Pancakes Breakfast Sausage Fruit Garden Salad w/Carrots & Syrup	Whole Grain Chicken Nuggets Mixed Vegetables BBQ Dipping Sauce Fruit		
28	29	30		