



October 2015

Child Care Breakfast w/Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	Whole Grain Croissant w/Jelly Fruit 1	Whole Grain Cereal Fruit 2
Whole Grain Cereal Fruit 5	Whole Grain Muffin Fruit 6	Whole Grain Bagel Cream Cheese Fruit 7	Whole Grain Croissant w/Jelly Fruit 8	Whole Grain Cereal Fruit 9
Whole Grain Muffin Fruit 12	Whole Grain Cereal Juice 13	Whole Grain Bagel Cream Cheese Fruit 14	Whole Grain Croissant w/Jelly Fruit 15	Whole Grain Cereal Fruit 16
Whole Grain Cereal Fruit 19	Whole Grain Muffin Fruit 20	Whole Grain Bagel Cream Cheese Fruit 21	Whole Grain Croissant w/Jelly Fruit 22	Whole Grain Cereal Fruit 23
Whole Grain Cereal Fruit 26	Whole Grain Muffin Fruit 27	Whole Grain Bagel Cream Cheese Fruit 28	Whole Grain Croissant w/Jelly Fruit 29	Whole Grain Cereal Fruit 30

City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility. Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.